

CORE Summarizes BCLA CLEAR Guidance for Contact Lens Practitioners

*New Issue of Contact Lens Update Interprets and Consolidates the
10 Global Sub-Reports into a Single, Easy-to-Use Document*

WATERLOO, Ontario, June 15, 2021—The latest issue of *Contact Lens Update*, now available for free from the [Centre for Ocular Research & Education \(CORE\)](#), consolidates conclusions from the new British Contact Lens Association's (BCLA) Contact Lens Evidence-based Academic Reports (CLEAR) initiative into an [easy-to-read summary](#) for contact lens practitioners.

“CLEAR brought together 10 committees and more than 100 authors from sixteen countries to produce 300 pages of scientific review. This covered all aspects of contact lens practice, from routine fitting through to specialty lenses, management of complications, and future technology,” said [Karen Walsh](#), CORE’s education team leader and editor of *Contact Lens Update*. “Our BCLA-commissioned summary of all ten sub-reports extracts and explains the insights most relevant for clinical practice in one simple guide. This will become a frequent reference for eye care professionals wanting to implement the latest standards in contact lenses while remaining abreast of forthcoming trends and opportunities.”

The CLEAR sub-report summary promotes best practice, evidence-based procedures and clinical decision making for contact lens patients. Found in the issue’s [Feature Article](#) section, each five-minute read provides an overview of key take aways by topic and a link to the comprehensive open access paper for further reading. Multiple [CORE](#) scientists authored the original reports; they joined other CORE staff and global collaborators in developing the new condensed guidance.

CLEAR author and BCLA Certificate Programme Lead [Dr. Manbir Nagra](#) wrote the new issue’s [editorial](#). She identifies common themes across the reports, highlights how to interpret scientific publications, examines the evidence base for several widely held beliefs, and looks to the future of contact lens practice.

Insights from CORE Senior Research Scientist [Dr. Sarah Guthrie](#) are shared in the [Conference Highlight](#). Presented this week at the 2021 BCLA Clinical Conference & Exhibition, her work with multifocal soft contact lenses explores the link between comfort and vision performance, reminding eye care professionals of the importance of optimising both elements to help enhance the wearing experience.

“It’s a lovely coincidence that Issue #60 of *Contact Lens Update* is being published during the 60th anniversary of soft contact lens pioneer Otto Wichterle creating the very first hydrogel lenses in his kitchen. The CLEAR series paints a fascinating portrait of how far we have come in the past six decades, and the breathtaking developments on the horizon,” said Dr. Walsh.

Published six times per year, [Contact Lens Update](#) provides a global platform for unbiased clinical insights based in current research. Since 2011, each issue has provided dependable and up-to-date ocular health information for more than 60,000 leading eye care professionals.

In addition to a complete [archive of back issues](#), ContactLensUpdate.com offers a [resource library](#) that provides no-cost professional tools, patient resources, images and video. It also houses [complimentary technical training videos](#) produced by International Association of Contact Lens Educators, plus an industry glossary. Industry professionals can access the latest issue directly from [ContactLensUpdate.com](#) or [quickly sign up for email receipt](#) of future issues.

The publication receives support from the educational arms of [Alcon](#), [CooperVision](#), and [Johnson & Johnson Vision](#).

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About the Centre for Ocular Research & Education (CORE)

The [Centre for Ocular Research & Education \(CORE\)](#) was established in 1988 at the University of Waterloo’s [School of Optometry & Vision Science](#). Over the next three decades, the organization evolved from a three-person operation into a thriving hub of basic and applied research, collaborating with sponsors, agencies and academia on advanced biosciences, clinical research and education. Its uncompromising independence and results of the highest quality have been at the heart of many of the most prominent advances in eye health. Today, its approximately [50-person team](#) serves a range of ophthalmic sectors, including medical devices, ocular pharmaceuticals, digital technology and others, with a focus on the anterior segment. For more information, please visit [core.uwaterloo.ca](#).

Contact Lens Update

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